

Pasifika Health Service

Talofa lava, Ni sa Bula Vinaka, Malo e Lelei,
Kia Orana, Taloha Ni, Fakalofa Lahi atu, Noa'ia
'e mauri, Kia Ora and Warm Pacific greetings.

Pasifika Health Service (PHS) operates under a Primary Health Organisation called THINK Hauora. We are a team of passionate Pasifika Nurses, Lifestyle Coaches and Community Support Workers who provide Primary Healthcare for Pasifika families. Our Pasifika families benefit greatly from our service because we reduce barriers, increase access to health services and we also support Pasifika families in making good decisions about their health and wellbeing. We cover the whole of the midcentral region, and we are also out in the community, running initiatives and providing health checks and health talks at community events upon request.



POLY PADDLES **POLY POWER**

Contact Us

Monday - Friday, 8am-5pm

200 Broadway Avenue
Palmerston North 4410
06 354 9107

Please send all referrals to:
incomingfaxes@thinkhauora.nz

For other enquiries please contact
our team members.

info@thinkhauora.nz www.thinkhauora.nz



THINKHauora
Connecting Communities for Wellbeing

PASIFKA
HEALTH SERVICE



Our Services

Why should you use our services?

Our services are **FREE!**

PASIFIKA HEALTH SERVICES PROVIDE:

- + HEALTH COACHING (EXERCISE & NUTRITION)
- + ASSISTANCE WITH CLINICAL APPOINTMENTS & NAVIGATION
- + CHILD HEALTH SUPPORT
- + PREGNANCY AND BREASTFEEDING SUPPORT
- + CERVICAL, BREAST AND BOWEL SCREENING SUPPORT
- + LONG TERM CONDITION SUPPORT (DIABETES, HIGH BLOOD PRESSURE, CARDIAC DISEASES AND RESPIRATORY)
- + CANCER PATIENT SUPPORT



Pasifika Community

POLY NATION



POLY PADDLES

This is a 2 week water survival swimming programme for 5-10 year olds running at the Lido Aquatic Centre in Palmerston North and Levin Aquatic Centre in Horowhenua.

POLY POWER

Functional fitness regimes in a group training environment that caters to all shapes, sizes, age and gender. Poly Power runs once a week. Keep updated through the Polynation Motivation Group page on Facebook.

POLY SPORTS

In collaboration with the Niuean community, we have the FOB's Touch Club, where we engage Pasifika children from ages 5-14 in Touch Rugby.

Meet Our Team

PASIFIKA HEALTH TEAM



Harieta Erasito | Rotuman
Pasifika Team Leader & Maternal
Child Health Coordinator
Mobile: 027 274 8109



Saane Ma'u | Tongan
Community Clinical Nurse;
Long Term Condition (CCN LTC)
Mobile: 021 662 118



Angelina Tuialii | Samoan
Community Clinical Nurse;
Long Term Condition (CCN LTC)
Mobile: 027 452 3615



Pele Aumua | Samoan
Pasifika Lifestyle Coach
Mobile: 021 195 7061



Zina Foon | Fijian
Pasifika Community Support Worker
Mobile: 021 194 5513

*We provide assistance in translation for our patients.
To learn more, ask your doctor to refer you to us or call
us at THINK Hauora on (06) 354 9107 and we will get
in touch with you.*