

Here Toitū Programme

Here Toitū is a Dedicated Support Team service delivered in partnership with THINK Hauora and MSD. The aim is to support people living with a health condition or disability to improve their wellbeing and help determine their goals to either retain or return to employment. Whānau determine their own goals and aspirations, and where appropriate, engage in sustainable earning, learning or volunteering that is meaningful to them.

The programme is **FREE** and whānau participation is **voluntary**. Whānau decision not to participate will not have any impact on access or receipt of normal welfare and health services and entitlements.

Eligibility Criteria

Here Toitū Standard Service is eligible to whānau who are on a **health-related benefit**:

- Aged 18 to 64 years old;
- receiving a main benefit, either with a current Work Capacity Medical Certificate (WCMC) due to a health condition or disability, or who are about to be given a WCMC or Supported Living Benefit;
- want to improve their wellbeing, which might include return to work, study/training or volunteering
- enrolled in a participating GP practice in the region*
- give their consent to participate in Here Toitū

Here Toitū ‘Responding Early’ is eligible to whānau who are **in work**:

- Aged 16 to 64 years old
- working full or part-time (includes self-employed)
- living with a health condition or disability (doesn't need medical certificate or GP diagnosis – i.e. they can suffer from stress, anxiety, low mood, depression etc.)
- health condition is impacting ability to work and/or are at risk of losing their job
- enrolled in a participating GP practice in the region*
- give their consent to participate in Here Toitū

Staff safety is paramount and any whānau that may present a risk to staff safety should not be enrolled.

**Majority of GPs in MidCentral are participating in Here Toitū – please check with team if unsure.*

Exclusions & “Right Service, Right Time”:

- Aged 16 or under (only 16-18 year olds who are in work are eligible for Responding Early)
- Whānau who are not eligible for main benefit due to partner's income
- Whānau in school or full-time study are unfortunately not eligible at this time.
- Whānau on ACC if their case was still being managed/worked through with ACC. We can only look at supporting those injury is covered by ACC and are still in employment, once their case management in the ACC programme has ceased.
- Whānau whose health conditions are so severe/complex that work/study etc would not be an option yet.
- Whānau who are not seeking or motivated for change.

Referral:

Please complete referral form on our webpage or hover over QR code with your cellphone's camera to open. <https://www.thinkhauora.nz/here-toitu>



Contact us:

Free phone 0800 141 454

Email: heretoitu@thinkhauora.nz