





Passwords – the keys to your kingdom



How strong are **your** passwords?



200Broadway!		Both passwords meet complexity rules	WalktoWork@200Broadway	
Weak			Very Strong	
12 characters containing: ✓ Lower case ✓ Upper case ✓ Numbers ✓ Symbols			22 characters containing: ✓ Lower case ✓ Upper case ✓ Numbers ✓ Symbols	
Time to crack your password: 23.07 minutes	Review: Oops, using that password is like leaving your key in the lock. Your password is weak because it contains a surname and a dictionary word.		Time to crack your password: 103 years	Review: Fantastic, using that password makes you as secure as Fort Knox.
				

Hackers guess or 'crack' weak account passwords, find out passwords through data leaks online, or collect login information through phishing campaigns – [CERT NZ](#)

Take password security seriously



Use long and strong passwords or passphrases



Use a unique password for every log in



Don't leave passwords where others can find them

Test your passwords at

<https://www.my1login.com/resources/password-strength-test/>

Does your internet browser know more about your passwords than you do?



The screenshot shows the Chrome browser settings page at `chrome://settings/passwords`. The 'Safety check' section is visible, with a 'Passwords' warning highlighted by a red box. The warning text reads: '66 compromised passwords, 219 weak passwords'. Below it, 'Safe Browsing' is shown as 'Enhanced protection is on'. On the left side of the settings page, there is a 'You and Google' section with a 'Safety check' status and a surprised face emoji.

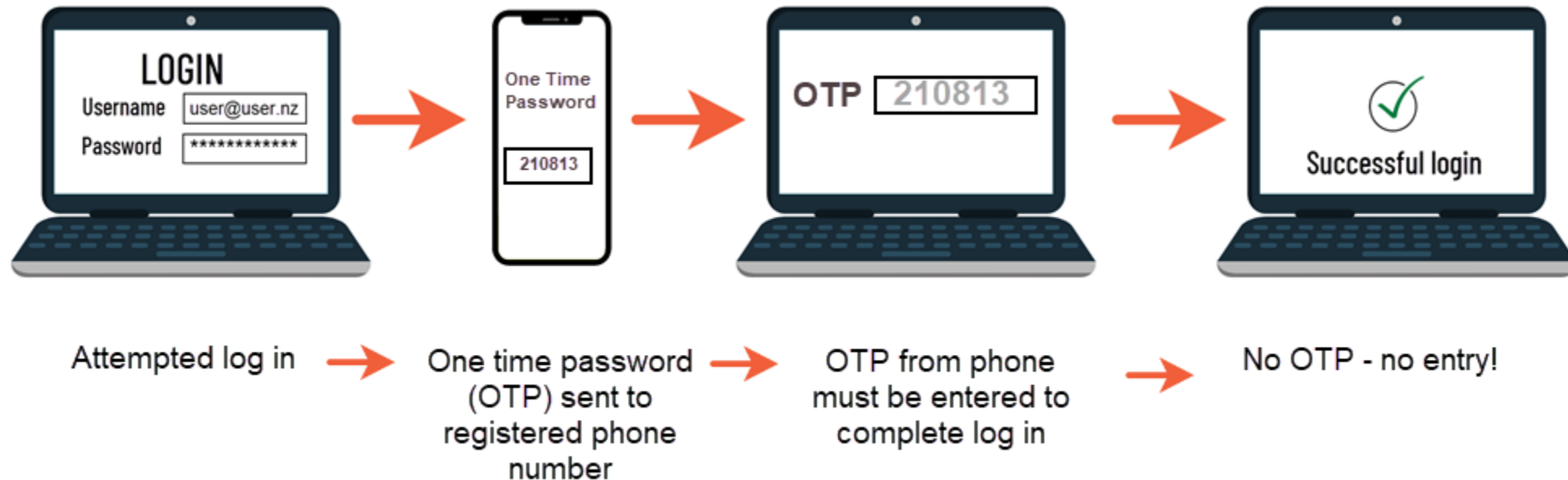
Stay on top of your password security – pay attention to the password check up in your browser (if it has it)

Turn on two-factor identification – always!



Passwords can be hacked

Add another layer of security with two-factor authentication (2FA) whenever it's available (eg. internet banking, email, Facebook)



Note: 2FA could use a one time password, authentication app, fingerprint, etc. for identification

