

Medical Research Council Grading of Functional Limitation due to Dyspnoea

1	"I only get breathless with strenuous exercise"
2	"I get short of breath when hurrying on the level or walking up a slight hill"
3	"I walk slower than most people of the same age on the level because of breathlessness or have to stop for breath when walking at my own pace on the level"
4	"I stop for breath after walking about 100 yards or after a few minutes on the level"
5	"I am too breathless to leave the house" or "I am breathless when dressing"