

TOPICS

- Meet people with a common interest in managing their lung condition

- Gentle Exercises



- Social Outings



- Key Speakers



- Monthly Newsletter



CONTACT

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- Asthma

- Chronic Bronchitis

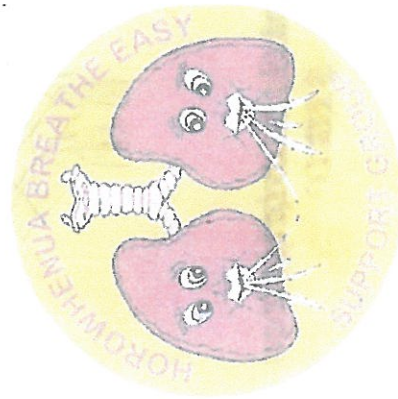
- Emphysema

SUPPORTED BY



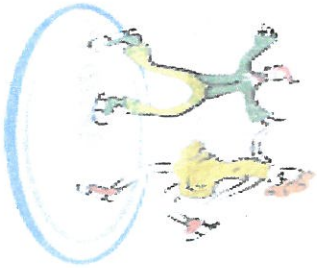
HOROWHENUA BREATHE EASY SUPPORT GROUP

*For people with Lung
Conditions such as*



Our Objective

To improve the quality of life for those suffering from all respiratory diseases and support their carers, partners and spouses through fellowship and knowledge.

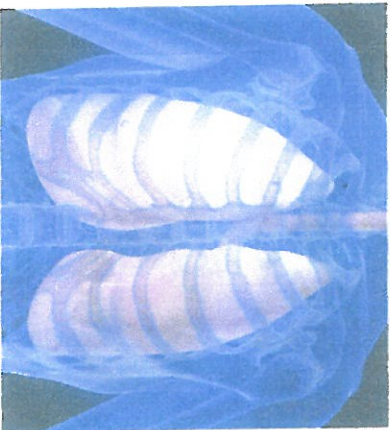


**Annual Subscription
\$10**

Why

Shortness of breath is frightening, particularly for people suffering from chronic lung conditions.

Lung disease is a stressful life event, which can lead to lifestyle changes causing panic, isolation and depression.



When

Fourth THURSDAY of every month (except December)

Time

10.30am
Morning Tea and Meeting



Where

Hudson Room
Levin Cosmopolitan Club
Oxford Street,
LEVIN

Transport

Ring us ---- We will help if possible

