

Xarelto (Rivaroxaban)

What is Xarelto?

Xarelto is an anticoagulant which helps prevent the body from developing clots and stops existing clots from growing larger or dislodging.

Take with food

It is important to take Xarelto with food. Swallow the tablet whole with water.

Why do you need Xarelto?

You may be taking Xarelto for one or more of the following reasons:

- DVT (Deep vein thrombosis – a clot in your leg)
- PE (Pulmonary Embolism – a clot in your lung)

In all of these conditions, Xarelto reduces the chances of a further clot forming.

How long will you need to take Xarelto?

The duration of Xarelto therapy differs depending on the reason you need to take it:

- DVT – generally between 3 and 6 months depending on the position of and causative factors of your clot
- PE – determined by Clinician usually 3 to 6 months.

Taking other medications whilst on Xarelto

Whilst you are on Xarelto you **must not** take any over the counter medications or vitamin tablets without having discussed it with your doctor or nurse. If you are on other regular medication it is important that you do not alter your medication regime without consulting your doctor or nurse.

Potential side effects of Xarelto

The major side effect of Xarelto is bleeding – signs and symptoms of bleeding include:

- Blood in your urine
- Red or dark bowel motions
- Blood or dark granules in your vomit
- Nose bleeds which won't stop
- Bleeding in the brain – severe headache, dizziness, lethargy, lack of consciousness

Storage Instructions

- Keep your tablets in their blister pack until it is time to take them
- Store below 30°C

DO NOT GET PREGNANT WHILST ON XARELTO. IF YOU THINK YOU ARE PREGNANT CONTACT YOUR GP IMMEDIATELY

Contact phone numbers

Clinical Haematology (06) 350 8553 or 0272 408 254