

# Patient Information

## Day 4 INR Instructions / Blood Monitoring

The INR is a reflection of how fast your blood clots. Based on your health history, a target range for your INR will be set, and we will then adjust your anticoagulant dose in order to achieve that target range. ***Please follow the instructions carefully.***

- **Your Day 4 blood test is due on .....**

Blood Tests	
Weekdays	Weekend / Public Holiday
If it is a <b><i>week day</i></b> have your blood test <b><i>before 10am</i></b> . You will be phoned in the late afternoon with your INR result, Warfarin dose, and date of the next INR blood test	If any blood tests are required over a weekend or on a public holiday, your nurse or doctor will discuss this with you and the process for obtaining results will be explained

***Your GP will organise extra Clexane and Warfarin scripts as required***

Locations for Blood Tests – WEEKDAYS (8am – 4:30pm)
<b>Palmerston North</b>
<ul style="list-style-type: none"> <li>• MedLab, 01<sup>st</sup> floor Palmerston North Hospital</li> <li>• MedLab, The Palms, 445 Fergusson Street, Palmerston North</li> </ul>
<b>Feilding</b>
<ul style="list-style-type: none"> <li>• MedLab, 78 Warwick Street, Feilding</li> </ul>
<b>Horowhenua</b>
<ul style="list-style-type: none"> <li>• MedLab, Horowhenua Community Health Centre, Liverpool Street, Levin</li> </ul>

Locations for Blood Tests – SATURDAY ONLY
<b>Palmerston North</b>
<ul style="list-style-type: none"> <li>• MedLab, The Palms, 445 Fergusson Street, Palmerston North</li> </ul>

Locations for Blood Tests – SUNDAY & PUBLIC HOLIDAYS
<b>Palmerston North</b>
<ul style="list-style-type: none"> <li>• Appointment as arranged by MedLab</li> </ul>

Contact Phone Numbers	
MedLab Central	Haematology (P. North Hospital)
0800 800 030 <b>OR</b> 06 952 3161	06 350 8553 <b>OR</b> 027 240 8254

**It is important that you do not become pregnant while taking Warfarin as this medication may affect the development of the foetus. Please contact your GP immediately if you become pregnant while taking Warfarin.**