

REFERRAL OF PATIENTS TO BREAST IMAGING

BREASTSCREEN AOTEAROA (BSA) BREAST SCREENING FOR ASYMPTOMATIC WOMEN

BreastScreen Aotearoa offers FREE mammography every two years to women who:

- Are aged 45–69 years-of-age inclusive
- Has no symptoms of breast cancer
- Has not had a mammogram in the last 12 months
- Is not pregnant
- Has not breast fed in the last three months
- Is a NZ resident (this includes women who usually live in the Cook Islands, Niue or Tokelau).

This service is provided in our region by BreastScreen Coast to Coast.

Free screening on the BreastScreen Aotearoa programme is available at fixed sites in Palmerston North, Whanganui, New Plymouth, Hastings, Napier and Gisborne or the mobile screening unit.

**For free screening contact:
BreastScreen Coast to Coast
0800 270 200**



DIAGNOSTIC BREAST IMAGING FOR SYMPTOMATIC WOMEN

Written referral signed by GP via internal mail.

Referral to DHB or Private Provider

Women with symptoms and/or signs of suggestive breast cancer:

- A new lump or thickening
 - A change in breast shape or size
 - Puckering or dimpling of the skin
 - Any change in one nipple, such as:
 - Inversion
 - A bloody or serous discharge that occurs without squeezing
 - Suspected Pagets disease of the nipple
 - Women >35 years refer to Breast Imaging Service, MidCentral Health
 - Women <35 years, refer to Ultrasound Palmerston North Hospital
- * Only surgeons can refer women <35 years for a mammogram.

AT RISK/ SURVEILLANCE SCREENING

Written referral criteria for annual surveillance by GP via internal mail.

Asymptomatic women at high risk of breast cancer:

- Have had a previous breast cancer
- Have a mother, sister or daughter with pre-menopausal breast cancer or bilateral breast cancer
- Have a breast histology demonstrating an at risk lesion (eg atypical ductal hyperplasia)
- Known BRCA mutation (or recommended from genetic service).

22 April 2016 C: 2261

