

# Herbal Medicines & Warfarin

Some herbal medicines interact with Warfarin. Below is a list of a few.  
**NOTE:** Always speak to either your Doctor or Pharmacist before starting any therapy.

Many of the following products have a similar effect to that of aspirin and can cause bruising and bleeding and because of that you should avoid all of the following while taking Warfarin:

- Ginkgo biloba
- Garlic
- Danshen
- Echinacea
- Ginger
- Ginseng
- St Johns Wort
- Kava Kava
- Feverfew
- Devil's claw
- Papaya
- Celery seed oil
- Quinine / Cinchona

Some herbs contain coumarin-like substances that may interact with Warfarin and because of that you should avoid all of the following:

- Chamomile
- Dong Quai
- Fenugreek
- Horse chestnut
- Red clover
- Sweet clover
- Sweet woodruffs